



BOOK RECOMMENDATIONS

Craig's Top Picks:

1. *The Artist's Way: A Spiritual Path to Higher Creativity* - Julia Cameron
2. *Boundaries Updated and Expanded Edition: When to Say Yes, How to Say No to Take Control of Your Life* – Henry Cloud, John Townsend
3. *Necessary Endings* - Henry Cloud
4. *The Road Back to You: An Enneagram Journey to Self-Discovery* - Ian Morgan Cron and Suzanne Stabile

Personality/Self Care

5. *The Road Less Traveled* - M Scott Peck
6. *Man's Search for Meaning* - Victor Frankl
7. *Changes That Heal* – Henry Cloud
8. *The Power of Vulnerability*- Brene Brown
9. *The Gifts of Imperfection*-Brene Brown
10. *Immortal Diamond*- Richard Rohr
11. *Sacred Wounds*- Pasquale and Rohr
12. *Falling Upward: A Spirituality for the Two Halves of Life* – Richard Rohr
13. *The Wounded Healer* - Henri Nouwen
14. *The Relational Soul; Moving From False Self to Deep Connection* - Plass and Cofield
15. *Emotionally Healthy Spirituality* – Peter Scazzero
16. *The Soul of Shame: Retelling the Stories We Believe About Ourselves* – Curt Thompson
17. *On the Threshold of Hope* – Diane Mandt Langberg
18. *The Journey of Desire: Searching for the Life You've Always Dreamed Of*–John Eldredge
19. *The Body Keeps the Score* – Bessel van der Kolk
20. *Anatomy of the Soul and The Soul of Shame* – Mark Thompson
21. *12 Rules for Life* – Jordan Peterson

1. *Learning to Embrace Life's Disappointments As Silver Refined* – Kay Arthur

Boundaries:

23. *Boundaries Updated and Expanded Edition: When to Say Yes, How to Say No to Take Control of Your Life* – Henry Cloud, John Townsend
24. *Co-Dependent No More* – *Melody Beattie*
25. *I Hate You, Don't Leave Me*- *Kreisman and Straus*

For Men:

26. *Run with the Horses: The Quest for Life at Its Best* – *Eugene H. Peterson*
27. *Iron John: A Book about Men* – *Robert Bly*
28. *Season's of a Man's Life* – *Daniel J. Levinson*
29. *The Mask of Masculinity*-*Lewis House*

Knowing Yourself:

30. *The Enneagram From a Christian Perspective* - *Richard Rohr*
31. *The Road Back to You: An Enneagram Journey to Self-Discovery* - *Ian Morgan Cron and Suzanne Stabile*

Parenting:

32. *The Gifts of Imperfect Parenting*- *Brene Brown*
33. *The Awakened Family* – *Tasbury*
34. *Attachment Theory in Clinical Work with Children* - *Oppenheim and Goldsmith*
35. *The Primal Wound* – *Nancy Newton Verrier*
36. *Parenting from the Inside Out* - *Daniel J. Siegel, Mary Hartzell*
37. *Brainstorm: The Power and Purpose of the Teenage Brain* – *Daniel J. Siegel*
38. *The Whole-Brain Child*– *Daniel J. Siegel, Tina Payne Bryson*
39. *Brainstorm* – *Dan Siegel*
40. *No Drama Discipline* – *Daniel Siegel*
41. *Brainstorm* – *Daniel Siegel*
42. *The Whole Brain Child* – *Daniel Siegel*

Relationships:

43. The Kindness Challenge: 30 Days to Improve Any Relationship – *Shaunti Feldman*
44. A Celebration of Sex: A Guide to Enjoying God’s Gift of Sexual Intimacy – *Douglas E. Rosenau*
45. Facing the Shadow (3rd Edition): Starting Sexual and Relationship Recovery – *Patrick Carnes*
46. Healing the Wounded Heart: The Heartache of Sexual Abuse and the Hope of Transformation – *Dan B. Allender*
47. The Seven Principles for Making Marriage Work: A Practical Guide from the Country’s Foremost Relationship Expert – *John Gottman, Nan Silver*
48. Love and War: Finding Your Way to Something Beautiful in Your Marriage – *John Eldredge, Stasi Eldredge*
49. The Path Between Us - *Suzanne Stabile*

Addiction:

50. Breathing Underwater – *Richard Rohr*
51. In the Realm of Hungry Ghosts: Close Encounters with Addiction – *Gabor Mate, Peter A. Levine*
52. Stop Sex Addiction: Real Hope, True Freedom for Sex Addicts and Partners – *Milton S. Magness*

Children’s Books:

53. Dinosaurs Divorce – *Mark Brown*
54. Family Changes – *Azmaira H. Maker*
55. Why Can’t We Live Together? – *Lovato*
56. Two Homes – *Masurel*
57. The Story of Me – *Brenna Jones, Stan Jones*